

SportsModel Criteria

In the SportsModel (SM) division competitors present themselves as a Model. SM competitors should move, walk, stand and perform their quarter turns like a model; not a physique competitor. Overriding the physical component (i.e., training and diet) to prepare to compete, competitors need to research and replicate how a model presents herself on stage. More than achieving a "Cover-girl / Cover-male" body, judges will be pay attention to the competitor's stage presence, personality, professionalism and grooming.

Please study the judging criteria for Round One and Round Two (note: rarely a contest will offer a third round and the event information will provide further information on what is required – such as Dress/Suit or Theme wear round). The way the SM division is presented will vary at each show depending upon the stage configuration and number of competitors. Normally, competitors are required to do an individual walk across the stage, walking to the front and centre of the stage to perform four quarter turns in your own time before continuing to the other side of the stage. Following the individual presentation, the whole group is brought on stage for comparisons of the quarter turns.

Female SportsModel

Bikini Round

Body:	Judges look for: <i>Physique should display a shapely body</i>
Appearance:	<i>Does she have sex appeal?</i>
Stature:	<i>Ability to move, turn and stand with confidence and grace like a model</i>
Symmetry:	<i>Overall shape and line</i>
Structural flaws:	<i>Skeletal assessment</i>

Sports Wear Round

Judges look for:	
Appearance:	<i>Does she project a natural, healthy Appearance?</i>
Beauty:	<i>Is she beautiful?</i>
Poise:	<i>Does she walk and hold her stage presence with confidence</i>
Charisma:	<i>General impression</i>



Examples of three current SportsModel Champions. Notice their physique vary in terms of hardness and development – they have trained to develop a body that suits them - but they all excelled at presenting a wonderful stage presence and eluding natural beauty.

Male SportsModel

Beach Wear Round

Judges look for:	
Body:	<i>Physique should display a shapely body</i>
Appearance:	<i>Does he have sex appeal?</i>
Stature:	<i>Ability to move, turn and stand with confidence and purpose like a model</i>
Symmetry:	<i>Overall shape and line</i>
Structural flaws:	<i>Skeletal assessment</i>

Sports Wear Round

Appearance:

Physique:

Poise:

Charisma:

Judges look for:

Does he project a natural, healthy Appearance?

Is his physique appealing?

Does he walk and hold his stage presence with confidence

General impression



The Top 5 Male SportsModels from the 2009 Natural Olympia during the Beach Wear round.